September 2024

MONDAY	TUESDA	ΑY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
2 AM -	3	9	4 AM - 1.1's	5 AM - Book	6 Afternoon	7	8
Exercises			PM - Quiz	Club	Residents		
PM -				PM -	Meeting		
Sensory				Colouring			
Afternoon				Afternoon			
9	10		11	12	13	14	15
	AM -	•	SPA DAY	AM - 1.1 5	Roald Dahl		
	Book Club PM - Bingo			PM - Games	Day		
16	17		18	19	20	21	22
Armchair		1	AM -	AM-Book			
travelto			Exercises	Club			
Nigeria			PM - Quiz	PM - Flapjack			
00	24		25	Making	27	28	20
23	24 AM - 1.1's		25 AM - Book	26 AM -	AM- Music	28	29
	PM - Arts		Club	Manicures	Morning		
	& Crafts		PM - Cheese	PM - Bingo	PM - Travel		
			and Wine		Reminiscence		
30							
AM- 1:1's							
PM –							
Flower							
Arranging							