



January 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 AM - New Years Resolution Talk PM - Quiz	2 AM - 1:1's PM - Book Club	3 AM - Manicures PM - Music Afternoon	4	5
6 AM - 1:1's PM - Shortbread Making	7 	8 AM - Sensory Morning PM - Bingo	9 AM - Book Club PM - Games 	10	11 AM - Chair Yoga PM - Arts & Crafts	12 AM - Exercises PM - Cheese & Wine
13	14 AM - 1:1's PM - Sing-along 	15 AM - Nursey Visit PM - Quiz	16 AM - Manicures PM - Flower Arranging	17 AM - Book Club PM - Colouring	18	19
20 Armchair travel to Belgium	21 	22 AM - 1:1's PM - Bingo	23 SPA DAY	24	25 AM - Book Club PM - Burns Night Talk	26 AM - Exercises PM - Arts & Crafts
27	28 AM - 1:1's PM - Games 	29 AM - Manicures PM - National Puzzle Day	30 AM - Book Club PM - Tea Party	31 AM - National Hot Chocolate Day PM - Quiz		