





February 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1	2
3 AM - 1:1's PM - Sing-along	4 	5 AM - Book Club PM - Bingo	6 AM - Manicures PM - Flower Arranging	7	8 AM - Chair Yoga PM - Arts & Crafts	9 AM - Exercises PM - Cheese & Wine
10 Residents Meeting 2pm	11 AM - 1:1's PM - Valentine Baking 	12 AM - Manicures PM - Valentine Quiz	13 AM - Book Club PM - Games 	14 AM - Valentine's Talk PM - Card Making	15	16
17 SPA DAY	18 	19 Afternoon Tea Party	20	21 Singer Chris performing at 2:30pm	22	23
24	25 	26 AM - Nursery Visit PM - Quiz	27 AM - Book Club PM - Music Afternoon	28 Armchair Travel to Wales (St. David's Day 1 st)		